



WEEK SEVEN

July 12, 2020

A Special Meal

Text: Mark 14: 22-26

Big Idea: The Lord's Supper is not just another meal. It teaches us some otherworldly truth about God, and it gives us insight on how we can live in joy and abundance.

Memory verse: "If anyone wants to follow after me, let him deny himself, take up his cross, and follow me." Mark 8:34

Weekly Ministry Items

Announcements: _____

Outreach/Ministry Reports: _____

Prayer Time: _____

Group Lesson Plan:

Paraphrase the Text: _____

Read the Text: _____

Facilitate Bible Study: _____

Discussion Questions:

Icebreaker: How would you explain the significance of the Lord's Supper to an agnostic?

According to verse 22, the disciples were gathered with the Lord for the Passover meal for which He had made preparations earlier (Mark 14: 12-16). What is the significance of the Passover meal? What was different about this particular meal? What did Jesus mean when He referred to the bread as His body? Read 1 Corinthians 5:7. In what way is Jesus our Passover Lamb? The Passover was intended to be a memorial of what God had done for His people. The Lord's Supper is designed to refresh our spiritual memories. Take a few moments and reflect on these truths: Romans 5:1; 17-18; Romans 8:1; John 10: 28-29.

Verses 23 and 24 focus on the cup. Our text implies that the cup was shared among the

disciples. Jesus refers symbolically to the contents of the cup as “the fruit of the vine.” (note: it seems likely that He used the customary wine of His day: a concoction of one-third wine with two-thirds water. In our day, grape juice is perfectly acceptable at the Lord’s table). The disciples knew that wine had cleansing properties. How, then, is the cup a symbolic representation of His blood? Read Ephesians 1:7 and Hebrews 9:14. What would you say to a critic who dismisses Christianity as a “slaughterhouse religion”?

Verse 25 has eschatological overtones to it. Usually worshippers consumed a fourth cup of wine before concluding the meal. Jesus did not. He did so to provide a powerful picture, wanting His disciples to be aware of the future hope they had (v.25). Read 1 Corinthians 11:26. What is the futuristic promise in this verse? The Lord’s Supper also points us to many glorious futuristic realities. Take a few moments and meditate on these scriptures: Luke 23:43; John 14:1; Revelation 21:1-4; Revelation 19: 6-10.

Look at verse 26. What did the disciples do at the conclusion of their meal? In ancient days, worshippers typically sang Psalms 116-118 and dismissed from their gathering. Why do you think this is an important component to the Lord’s Supper? Who should participate in the Lord’s Supper? Who should not participate?

As we wrap up this lesson on the Lord’s Supper, consider Paul’s warning to the Corinthians. Read 1 Corinthians 11: 27-30. Why is self-examination so important before participating? Are there areas of unconfessed sin in your life that would disqualify you from participating in the Lord’s Supper? Have you been genuinely born again? As you reflect on the futuristic promises, do you find yourself encouraged that the difficulties of this fallen world will one day pass away and death itself will die?

Teaching To Obey (Matt. 28:20):

In response to God’s revealed truth in your life, what action steps will you take today to obey His will? Are there:

Sins to confess? Promises to claim? Attitudes to change? Commands to obey? Examples to follow?

Our text for July 19: Mark 9: 1-13

